

THINGS TO BRING WITH YOU TO CAMP

(Please put your name on all articles)

- a positive attitude
- Sleeping bag and pillow
- a twin size fitted sheet
- Poncho or rain jacket
- 3-4 pairs of closed toe shoes, one wet, at least two dry – sandals and flip flops for shower use only
- 5-6 changes of clothes including shorts, swimsuits, t-shirts, long sleeved warm shirt, long pants, underwear, 6-7 changes of socks
- a flashlight/headlamp and extra batteries
- a hat, sunscreen, and bug spray (sunglasses optional)
- Personal articles: toothbrush, toothpaste, deodorant, shower items, 2-3 towels
- Camera (optional, one time use best type; camera phones *not* permitted)
- Reusable water bottle *with camper's name clearly marked on it*
- Backpack
- Sharpie for signing shirts (optional)
- a book for reading (optional)
- Balance of your registration fee, if any is due

THINGS NOT TO BRING

- a negative attitude
- Over-the-counter medicines (unless you take this everyday)
- radios, iPods, Apple watches, **cell phones**, or any other electronic device.
- alcohol, tobacco products, drugs, knives or weapons, fireworks
- money, valuables of any kind, jewelry, etc.
- food, candy or snacks

Extra Items for Older Campers

For Tri-Challenge Campers:

- closed toe shoes to wear while canoeing
- Sunglasses for canoeing
- Long sleeve sun shirt / outfit for canoeing (and lots of sunscreen!)
- Comfortable clothing for indoor rock climbing (loose fitting shorts and shirt)
- Long sleeved, warm clothes for caving, recommended: old jeans, old sweatshirt, old pair of tennis shoes (you will get rather muddy while caving and the cave is cold!)

For Night Owl Campers:

- Emphasis on warm clothes as it gets chilly at nighttime when you'll be doing activities!

No extra items are needed for Junior High Bridge Camp, Junior High Resident Camp

For Senior High Resident Campers:

__ Comfortable clothing for outdoor rock climbing (loose fitting shorts and shirt)

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