



**Alta Mons Outdoor, Retreat, Learning**  
 2842 Crockett Springs Road  
 Shawsville, VA 24162

Phone: 540-268-2409  
 Fax: 540-268-9503

[office@altamons.org](mailto:office@altamons.org)  
[www.altamons.org](http://www.altamons.org)

# Alta Mons' Sunday Lenten Lunch

Sunday Buffet Meals Served from  
**12:30-2:30 pm**

Reservations only. Booking deadline: One Week Prior to date.

Please book and pay as a whole party,  
 parties are liable for the full booked amount.

Individuals welcome, pay separately.

Make reservations by calling the office at 540-268-2409

Adults \$12.00/Children \$9.00\* (Max capacity-150)

March 11 and March 25

Soup and Salad

Baked Ham

Mashed Potatoes

2 Vegetables

Rolls or Bread

Desserts

Coffee/Tea/Lemonade

March 18 and April 1

Soup and Salad

Turkey Breast w/ Dressing

2 Vegetables

Rolls/ Cranberry Sauce

Desserts

Coffee/Tea/Lemonade



**COME JOIN US FOR A SUNDAY LUNCH AND LEARN MORE  
 ABOUT WHAT ALTA MONS IS DOING IN 2012**

**BRING FAMILY AND  
 FRIENDS.**

**GREAT FELLOWSHIP AND  
 LIVE BLUEGRASS/GOSPEL MUSIC!**

**Reservations may be made year round using our Holiday Buffet menu any day of the week for parties of 20 or more. Add any additional meat from this menu for an additional \$3.00 per person (\$2.00 for Children).**

**\*Prices subject to change.**